

MAATI CONFERENCE AGENDA

What: **THE SCIENCE OF RECOVERY:**
Applying Neuropsychology & Neuroscience to Your Practice

Presenter: Cardwell C. Nuckols, MA, PhD

When: Thursday, October 19, 2006 & Friday, October 20, 2006 - 9:00am -5:00pm (Both dates)

Where: October 19 at Livengrin Foundation, Inc., 4833 Hulmeville Rd., Bensalem, PA 19020 (Philadelphia - For directions and accommodations call: 215-638-5200, ext. 113)
October 20 at Four Points Sheraton Pittsburgh North, 910 Sheraton Dr., Mars, PA 16046 (For directions and accommodations call: 724-776-6900)

Cost: \$79

8:30 - 9:00 am REGISTRATION

9:00 - 10:30 am INTEGRATION OF SELF: A) Vertical Integration

10:30 - 10:45 am BREAK

10:45 - 12 Noon INTEGRATION OF SELF: B) Horizontal Integration

Noon - 1:15 pm LUNCH (Provided at Livengrin; on your own, Pittsburgh)

1:15 - 2:30 pm CONNECTION TO OTHERS: A) How We Connect
B) "Mirror" Neurons

2:30 - 2:45 pm BREAK

2:45 - 4:45 pm CONNECTION TO A HIGHER POWER:
A.) Spirituality and the Brain
B.) Meditation
1) Techniques
2) Neuroscience

4:45 - 5:00 pm Closure/Questions

CONFERENCE FEES AND REGISTRATION FORM

Registration fee - \$79 - Payment to accompany registration. For questions about the Pittsburgh conference, call Alice Watson at 724-378-4461, ext. 1193. For questions about the Bensalem conference, call Linda Taylor at 215-638-5200, ext. 113. Registrations are limited. **PLEASE REGISTER EARLY.** Cancellations with a full refund are possible if made more than three (3) business days before the date of the conference. The registration fee, less a \$15 processing charge, will be refunded if cancellation is made less than three (3) business days before the conference. No refunds will be made for cancellations on or after the conference date.

– Please copy registration form for any additional registrations. –

PITTSBURGH CONFERENCE REGISTRATION

Cut and Mail to: Alice Watson
Gateway Beaver Falls - Strategic Management
1215 Seventh Avenue, 2nd Floor
Beaver Falls, PA 15010

or Register Online at: www.gatewayrehab.org & click on Events Calendar

Please complete fully. **PRINT OR TYPE** (PAYABLE TO: MAATI)

NAME _____
ORGANIZATION _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE _____ E-Mail _____

Check or Money Order enclosed (Payable to MAATI)

Charge to: VISA Mastercard Discover

Card No. _____ Exp. Date _____ (Security Code - 3 digit) _____

SIGNATURE _____

APPROVALS:

- PCB Approved Education six (6) CAC/CPS Credit Hrs
- PA SW Approved six (6) CECs
- MAATI is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. MAATI maintains responsibility for this program and its content. Six (6) CE Credits for Psychologists.
- Act 48 PDE Credit Application Forms Available at Registration Table

BENSALEM CONFERENCE REGISTRATION

Cut and Mail to: Linda Taylor
Livengrin Foundation, Inc.
4833 Hulmeville Road
Bensalem, PA 19020

Please complete fully. **PRINT OR TYPE** (PAYABLE TO: MAATI)

NAME _____
ORGANIZATION _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
PHONE _____ E-Mail _____

Check or Money Order enclosed (Payable to MAATI)

Charge to: VISA Mastercard Discover

Card No. _____ Exp. Date _____ (Security Code - 3 digit) _____

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Livengrin Foundation, Inc.
Indiana University of PA

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A Day With...

Cardwell C. Nuckols, MA, PhD

on

THE SCIENCE OF RECOVERY:
*Applying Neuropsychology & Neuroscience
to Your Practice*

Thursday, Oct. 19, 2006 in Bensalem/Philadelphia, PA

Friday, Oct. 20, 2006 in Pittsburgh, PA

THE SCIENCE OF RECOVERY:

Applying Neuropsychology & Neuroscience to Your Practice

We use terms such as *empathy, therapeutic relationship, and spirituality* when discussing important aspects of recovery and the bond between the therapist and patient. We work with patients, offenders, etc. who cannot control their anger, yet have difficulty putting words to their feelings. We work with individuals whose brains are not vertically and/or horizontally integrated due to life trauma and neglect.

This skills-training event will give the clinician an understanding of the neuroscience and neuropsychology of addiction and recovery. From this profound understanding, techniques will be described that can improve attachments (to become a better parent, husband, wife, etc.), bring the past into conscious control (integrate our thoughts and feelings) and to better connect with others in recovery and with a Higher Power (spiritual relationships).

This is an exciting, advanced clinical skills workshop based on recent scientific advances.

Participants will be asked to apply the teachings to their lives, as well as to the lives of their patients.

Conference Objectives:

As a result of this seminar attendees will be able to:

1. Understand how “mirror” neurons assist in the creation of empathy and therapeutic relationships.
2. Describe how spiritual potential is hardwired in the brain.
3. Discuss the importance of a coherent autobiographical narrative.
4. Describe how to assist patients with traumatic history to vertically and horizontally integrate their brains.
5. Discuss how increasing complexity leads to better integration of the brain and better mental health.

This Conference will benefit you if...

- 1) You're a psychologist, social worker, counselor, drug and alcohol counselor, family therapist or any other professional who provides treatment and would like to improve the therapeutic relationship with your clients.
- 2) You want to acquire advanced clinical skills and techniques based on recent scientific findings.
- 3) You want to understand genetic changes that take place in both addiction and recovery.
- 4) You want to be able to look at routine counseling practices in a new and exciting way.

- TO REGISTER -

For the **BENSALEM/PHILADELPHIA** Conference, call Linda Taylor at 215-638-5200, ext. 113.

For the **PITTSBURGH** Conference, call Alice Watson at 724-378-4461, ext. 1193, or register online at www.gatewayrehab.org.

Your Conference Leader...



Cardwell C. Nuckols, MA, PhD, has been described as “one of the most influential clinical trainers in America.” For over 30 years, he has gratefully served the healthcare industry in multiple capacities as a clinician, supervisor, program director and hospital administrator. Dr. Nuckols has led numerous corporate startup and reengineering projects, including involvement in the development of four publicly-traded companies. One of these corporations is helping to bring to market new medications to help those suffering from the devastation of AIDS. For his entrepreneurial efforts, Dunn and Bradstreet nominated Dr. Nuckols to receive special commendation.

Dr. Nuckols is widely published, having authored more than 50 journal articles, 30 books and workbooks, 38 DVDs, CDs and videos, and 17 audiotape series. Dr. Nuckols' first book, **Cocaine: Dependency to Recovery**, is a trade best seller, as are his booklets **Quitting Heroin** and **Quitting Marijuana** (Hazelden). **Quitting Alcohol** is scheduled for release in 2006.

Dr. Nuckols has appeared on major television network documentaries and is widely quoted by the written media. He is on the review board of *Counselor Magazine* and serves as the conference chairperson for numerous national conferences. Dr. Nuckols has been awarded national honors, including the SECAD, Swinyard and Gooderham awards, as well as being recognized for his contributions to The American Society of Addiction Medicine's Patient Placement Criteria. Dr. Nuckols' passion and mission is to assist in the translation of emerging scientific research into information and techniques to aid those who do the important work of helping alcoholics, addicts and those suffering from co-occurring disorders find their personal road to recovery.

Comments from previous MAATI Conferences

“As usual, MAATI presented a superior performance.”

Family Therapist

“Today's presentation expanded my previous knowledge of the topic. Well done!”

Therapist, Inpatient Treatment Program

“One of the most informative conferences I ever attended—covered subject matter extensively—I can use what I heard.”

Trainer/Teacher

“Material grounded in solid theoretical base and presented in an engaging and understandable manner. Superb workshop! Thank you!”

Therapist, Private Practice

“Excellent conference, insightful, well organized, and delivered with lots of practical information, something I can begin to use right away!”

Therapist, Private Practice

“Extremely helpful for me as an individual and as a professional. Gave me much to think and act on!”

Social Worker, Psychiatric Hospital

About MAATI...

THE MID-ATLANTIC ADDICTION TRAINING INSTITUTE

In May 1988, MAATI was formed by Gateway Rehabilitation Center, Indiana University of Pennsylvania (IUP), and Livengrin Foundation. MAATI offers high quality educational and training programs to treatment professionals and the community at large. In July 2007, under the direction of Dr. Robert Ackerman, MAATI will offer its nineteenth annual summer school on the subject of **High-Risk Children, Families, and Behavioral Health on the IUP campus**. The summer school has been one of MAATI's most successful programs, with the 2007 version expected to carry on MAATI's tradition of excellence in professional training. MAATI is pleased to welcome clinical trainer, Cardwell C. Nuckols, MA, PhD, on Thursday, October 19, 2006 in Bensalem/Philadelphia, and on Friday, October 20, 2006 in Pittsburgh.