



## GATEWAY'S mission

Gateway's mission is to help all affected by addictive diseases to be healthy in body, mind, and spirit.

## location

1360 Old Freeport Road  
Suite 3B  
Pittsburgh, PA 15238-4102

## call us

412-963-7077  
(select option 6 to schedule an evaluation)  
Fax: 412-963-7083

Overcoming addiction isn't easy. The good news is that no one has to go through it alone. At Gateway Rehab, *Hope Has a Home*®. For decades, Gateway has been helping people break the cycle of addiction and restore their lives while helping families heal.

Free interpreter services are available for patients and family with persons needing language assistance.

Servicio de intérprete gratuito disponible para pacientes y familiares con personas que necesitan la ayuda de un intérprete.



Accredited by The Joint Commission  
Licensed by the Pennsylvania Department of Health –  
Division of Drug and Alcohol Program Licensure

[www.gatewayrehab.org](http://www.gatewayrehab.org)



# Gateway Allegheny Valley

Restoring Lives and Communities



## Gateway's history

An internationally recognized authority in the chemical dependency field, Dr. Abraham J. Twerski, along with the Sisters of St. Francis, first established Gateway Rehabilitation Center as a 28-day alcohol and drug dependence treatment center. Today, the not-for-profit organization, which started as a single site in 1972 treating roughly 1,200 patients a year, has grown to encompass various levels of care, and multiple locations such as Allegheny Valley, that together treat approximately 1,700 patients a day.

*Hope Has a Home.*®



# Gateway's expertise

All members of Gateway Rehab's staff have extensive experience in the treatment of chemical dependency. Patients have the benefit of working with highly trained professionals who treat them with respect and understand their complex needs.

Gateway Allegheny Valley's therapists and staff are ready to help you on the road to treatment and recovery.



## adult & adolescent services

Gateway Allegheny Valley offers the following treatment services for adults and adolescents:

A part of the Gateway Rehabilitation Center system of services, Gateway Allegheny Valley provides high quality, comprehensive, outpatient treatment services that empower individuals who are struggling with addiction to alcohol and/or other drugs to restore and transform their lives.



### PARTIAL HOSPITALIZATION TREATMENT

is provided five days a week for adults and three days a week for adolescents, up to six hours per day, and consists of group and individual therapy and weekly family group counseling.



### OUTPATIENT COUNSELING

is offered as a follow-up to intensive treatment. Outpatient counseling is appropriate for individuals and their spouses and families who need help with problems associated with chemical dependency.



### INTENSIVE OUTPATIENT TREATMENT

enables adult and adolescent patients to continue working or going to school while receiving care for their chemical dependency problems. Treatment is provided in three-hour sessions, three times a week.



### THE DRUG, ALCOHOL, & TOBACCO AWARENESS PROGRAM (D.A.T.A.)

is designed as an educational intervention for adolescents and young adults who are considered to be in the early stages of alcohol and/or other drug abuse. The program's goal is to provide education and raise awareness about the nature of adolescent drug use and its associated risks.



### CONTINUING CARE GROUPS

provide support, guidance, and education to patients while helping smooth the transition from treatment to home, work, and community.

